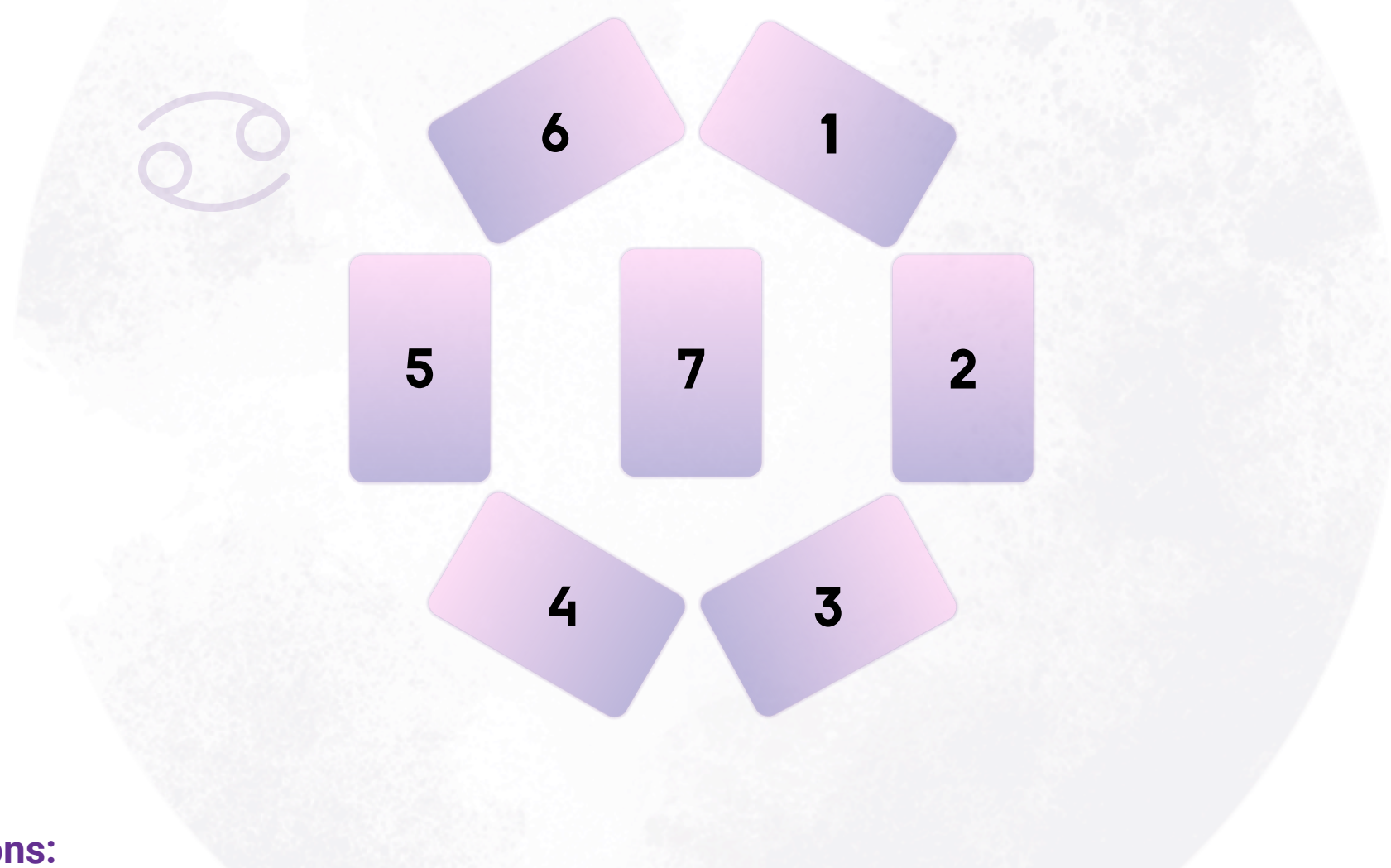


## Cancer Full Moon Ritual Spread: Mother Moon

From being held to holding yourself



### Positions:

1. **The Cry** - what emotional need is currently unmet or loud inside of me
2. **The Arms** - the resource or support I already have but am overlooking
3. **The Milk** - what nourishes me and helps me heal or grow even when it's not obvious
4. **The Weaning** - where I'm ready to stop seeking externally and start meeting my own needs
5. **The Maturing** - what new emotional skill or strength I'm growing into or beginning to embody
6. **The Boundary** - what I now need to protect, limit, or say no to in order to feel safe
7. **Inherited Wisdom** - "From this moment on... [insert the affirmation of the card pulled here]"  
 → **This is your Cancer Full Moon intention\***  
 ♦ Write it down and whisper it to the moon. It's yours now.

\*Looking for the right words? Try looking up the card you pulled for #7 in my [Card Meanings Directory](#) and plugging in its "Affirmation"